



DEV SANSKRITI COLLEGE OF EDUCATION & TECHNOLOGY

Khapri, Dhamdha Road, post-Jewra sirsra, Distt-Durg, Durg (C.G)

Accredited With B+ Grade by NAAC

Affiliated to Hemchand Yadav Vishwavidyalaya, Durg(C.G)

website:WWW.dscet.org, Email- enquiry@dscet.org Mobile: 7987165676,7400606011

(founded & Managed by Ved Mata Gayatri Shikshan Samiti, Regd. No.-(1553/20/11/2006)

Syllabus

Communication Skill

Unit No	Topic Of the Unit	Theory Period	Practical Period	Total period
1.	Weekly Structure :- 1. Introduction to the soft skill 2. Introduction to communicative English (speaking skills) 3. Group discussion skill and interview skills 4. Body language and etiquettes week	5	5	10
2.	Portfolio making Week 04:- 1. Reading Skills 2. Writing Skills 3. Public Speaking Skills 4. Presentation by the students	5	5	10
3.	1. Goal setting and getting ready for a job 2. Emotional intelligence skills 3. Life skills 4. Negotiation skills. evaluation. 5. Feedback day wise time line schedule	5	5	10
		15	15	30 Hours


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LANGUAGE COMMUNICATION SKILL 2023-24



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Certificate Of Completion Language Communication Skill Course

This Is To Certify That Mr/ Mrs... Poonam Sahu.....

Has Successfully Completed The Language Communication Skill Course Under

Skill Development Programme. This Program Was Organized At Dev Sanskriti

College Of Education & Technology From 01/09/2023 To 15/09/2023

Director
Dev Sanskriti College of
Edu. & Tech. Khapri, Durg

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Dev Sanskriti College of
Education & Technology
Khapri, Dist.-Durg (C.G.)



Principal
PRINCIPAL
Dev Sanskriti College of
Education & Technology.



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Syllabus Yoga

Unit No.	Topic of the Unit	Theory Period	Practical Period	Total Period
1.	1. Etymology, Meaning and misconception of yoga. 2. Objective/ importance and aims of yoga. 3. Important of Time, place and season. 4. Helping and disturbing elements of yoga 5. Ethics of yoga :- Yama-s and niyama-s according to patanjali yoga sutra.	4	4	8
2.	1. Yoga in Veda's Upanishad -s purana-s 2. Yoga in smrit-s srimadbhagvadgeeta, 3. Karmayoga, bhaktiyoga, jainyoga. 4. Rajayoga, Hathyoga, astangayoga, kundalini yoga	4	4	8
3.	1. Patanjali yogasutr, shrimad bhagwadageeta. 2. Gherannda samhita, hatyoga, pradeepika. 3. Goraksha padati. siddha sidhantpadati. 4. hatha ratnavali, shiv samhita	4	4	8
3.	1. Matsendranatha, gorakshanatha 2. Parmahansa ramkrishn, swami vivekanand 3. Parmahansa yoganandji, shri arvind. 4. Swami shivanand, swami satyanad saraswati	3	3	6
Total		15	15	30 H


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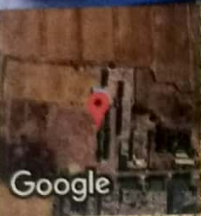

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SOFT SKILL YOGA TRAINING * 2023-24



GPS Map Camera



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GPS Map Camera



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Certificate Of Completion Life Skill Yoga Course

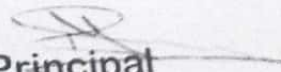
This Is To Certify That Mr/Mrs... Mamta Soni

Has Successfully Completed The Life skill Yoga Course Under Skill Development Programme. This Program Was Organized At Dev Sanskriti College Of Education & Technology From 01/12/2023 To 15/12/2023 .


Director
Dev Sanskriti College of
Edu. & Tech. Khapri, Durg


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Syllabus

Personality Development

Unit No.	Topic of the Unit	Theory Period	Practical Period	Total Period
1.	Personality Personal grooming & Body Language Definition, elements, determinants, personal hygiene, social effectiveness, business etiquettes (power dressing), non verbal communication , type of body language, function of body language, role of body language	5	5	5
2.	Art of Good communication Verbal and non verbal communication difference between oral and written communication, importance of effective communication,	5	5	5
3.	Team Behavior, Group Discussion & interview preparation Types of team, team role and behavior, do's and don't introduction, resume writing, dress code, mock interview, how to be successful in an interview	5	5	5
		15	15	30 Hours

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PERSONALITY DEVELOPMENT SKILL 2023-24



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Director
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